## TEST BELONGS TO:

Name: Ben Greenfield<br>Sample Collected on: 22-Dec-2016<br>Health Provider: Cynthia Taylor

Age: 35 Date of Birth: 20-Dec-1981
Received on: 27-Dec-2016
Clinic: PWN Health

Sex: Male TeloYears Customer ID \#: 161-811220-001
Reported on: 11-Jan-2017 Accession \#: 16004513
Clinic Phone \#: 844-457-9944 Clinic ID \#: PWNHealth

## ABOUT THIS TEST:

TeloYears is a genetic test that measures the length of your telomeres, the protective caps on the ends of your DNA strands that tend to shorten and fray with age. The test provides your age in TeloYears, the "cellular" age that is encoded in your DNA. Your age in TeloYears is the actual age of a typical man or woman whose telomere length is similar to yours.

## YOUR RESULTS:

Your average telomere length is 1.01, which puts you in the 47.5 percentile. This means that your telomeres are longer than $47.5 \%$ of men your age.^1


## INTERPRETING YOUR RESULTS:

You are $\mathbf{3 6}$ years old in TeloYears. Based on the length of your telomeres, you are OLDER than your actual age.


## YOUR TELOYEARS RESULTS OVER TIME:

This is your first TeloYears test. Repeat testing to monitor results over time.



## WHAT NOW:

- Explore the TeloYears Blueprint for Aging Well provided with this report for insights and information on how to get the most out of your TeloYears results. Consult your doctor before engaging in any diet, exercise, or lifestyle modification program.

Test report electronically signed and released on 11-Jan-2017 by Douglas Harrington, MD. CLIA \#05D2041002

1. Data on File at Telomere Diagnostics (2016).



TELOMERE

Based on your date of birth, you are:

## 35 years old

Based on your telomere length, you are:

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36 \text { た్రిTELOYEARS" old }
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