

## Tiny Needles, Huge Results

We might be blocking our own powerful healing process without even knowing it. Neural Therapy is the key to unlock the doors to your own body's healing.

In order to talk about Neural Therapy and its benefits, you need to understand what “interference fields” are.

Interference fields are traumatized areas of the body that “interfere” with the body's own ability to heal itself. One example would be scars.

We now know that many chronic disorders have one or more interference field. Failure to remove these fields is the most common reason why a patient does not respond to treatment. In order for any healing to take place, the fields must be removed.

This is where Neural Therapy comes into play. It is designed to remove these “interference fields.” Simple enough, right?

How does it work?

Neural Therapy is quite similar to acupuncture. It involves using a very tiny needle to inject a mixture of Procaine™ and vitamin B12 into various points on the body.

Correctly placed neural therapeutic substances produce the healing stimulus which brings about a response from the neurovegetative system whose pathways are those taken by both illness and recovery.

The injection of the medicine— usually a combination of vitamins and homeopathics— can create a

curing response in many disorders and symptoms. It has proven remarkably effective in treating chronic pain, ailments, and especially headaches.

The following conditions usually respond nicely to neural therapy: allergies, headache, vertigo, hay fever, sinusitis, whiplash syndrome, painful scars, liver disorders, colitis, menstrual pain, endometriosis, joint and muscular rheumatism, reflex dystrophy, arthritis, all forms of neuralgia (post-herpetic, shingles, and trigeminal), restless leg syndrome, TMJ syndrome, and facial and jaw pain.

Neural Therapy is one of the most advanced and effective of all the holistic healing modalities.



### PATIENT TALK

I loved Dr. J from our first appointment and felt he really cared about how I felt. I have had great mistrust in doctors in my younger years and never felt that with him.

I had injections in my back...and now, 1 year later, I can tell you I have seen such improvement in my pain levels!

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## Scars

Scars, no matter how old or new, often prove to be acting interference fields for chronic disorders.

We can reset scars with a treatment of vitamins and homeopathic. This is done by taking a small needle and injecting just beneath the scar—which is called a quaddle or a bleb—and that helps to reset the interference fields.

It's very effective for chronic and degenerative health care conditions.

## Continuing Education

One of the things Dr. J's father instilled in Dr. J was to always learn. The moment you feel you don't need to learn more is the moment you fail as a doctor.

Dr. J took this to heart and attends more continuing educational seminars and conferences than any other doctor in the nation. Here are upcoming ones he will be attending:

- 7/7: Conference: Idaho Naturopathic Conference: Idaho
- 7/19-7/21: Seminar: Chiropractic internist Summit: Illinois
- 7/27-7/28: Seminar: Fundamentals of Nutrition: Billings, Montana

## About Dr. J

Dr. J has maintained a full-time practice as a chiropractor and naturopathic physician in Pocatello, Idaho since 2000. Dr. J has joined his family's health care clinic which started in 1916. His family has provided naturopathic health care services to the citizens of Idaho (and the nation) for almost a century.

Dr. J has completed over 6,000 hours of formal education — undergraduate, graduate, and post-graduate programs including biomechanics, immunology, chemistry, internship, and clinical residency.

## Quotes of the Day

"If you have fear of some pain or suffering, you should examine whether there is anything you can do about it. If you can, there is no need to worry about it; if you cannot do anything, then there is also no need to worry." — Dalai Lama

"To enjoy good health, to bring true happiness to one's family, to bring peace to all, one must first discipline and control one's own mind. If a man can control his mind he can find the way to Enlightenment, and all wisdom and virtue will naturally come to him." — Buddha

## Office Revamp

The office went through a major revamp over the last several months. The goal was for you, the patient—giving you a place to feel more comfortable during the healing process. Ask the staff about some of the changes that were done.

### DID YOU KNOW?

When Dr. J proposed to his wife, he had a grand piano flown to the top of a mountain.

That's a tad more than a trail of roses!