

PATIENT TALK

I walked into the West Clinic using a walker. I was a man who had lost hope. I saw the doc and he said he could help. That in itself was worth the visit.

After the first set of injections he told me to get up and walk. I got up and walked—and left the walker there.

Thank you, thank you, thank you.

— Jerry R

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Poke the Joint.

The average person suffers from some kind of joint pain. Now you can get rid of it by treating the source, not the symptom.

What is Prolozone Therapy?

Prolozone Therapy is a form of non-surgical ligament and joint reconstruction pioneered by Frank Shallenberger, MD. It is a permanent treatment for many kinds of chronic pain. Prolozone Therapy is derived from the Latin word “prolix” which means to proliferate, regenerate, and rebuild. Prolozone Therapy is so named because the treatment uses ozone to cause the proliferation, regeneration, and rebuilding of new ligament and cartilage tissue in areas where they have become weak and unstable.

Injured Ligaments Cause Pain

Ligaments are the structural “rubber bands” that hold the bones, joints, and intervertebral discs together. Ligaments become weakened, torn or strained from injury, excessive use, or surgery. Often they do not heal back to their original strength and tightness. When this happens, this puts a severe strain on the areas that the ligaments are supposed to be holding together, resulting in pain and arthritis in the bones, discs, and joints which are affected. Ligaments themselves have many nerve endings which can present an additional source of pain.

How Prolozone Therapy works?

Prolozone Therapy involves the injection of ozone in and around ligaments where they attach to the bone. The injected ozone increases the blood supply and flow of healing nutrients to the area. More importantly, it also stimulates the deposition and activity of fibroblasts and chondroblasts.



These cells synthesize the collagen and cartilage that the body uses to repair damaged ligaments and joints. This increase in cellular repair activity strengthens and tightens the injured tissues, thereby stabilizing the area, and removing the cause of the pain.

What can I expect?

The response to treatment varies from individual to individual, and depends upon one’s healing ability and level of injury. Some people may only need one to two treatments, while others may need as many as six or seven. Once you begin treatment, the doctor can analyze how you are responding, and will then be able to give you an accurate estimate of what you can expect from further treatments.

The injection process is repeated every 1-2 weeks until maximum improvement is noted. Prolozone Therapy typically results

DID YOU KNOW?

Misty, who is brilliant at finding a vein, is the queen of hunting. Whether it's plucking off an elk or harpooning a fish with a crossbow. Misty doesn't mess around.

ONLINE STORE

Did you know you are now able to order your supplements online? You can get there by going to the West Clinic website and click on the banner that talks about the store.

Poke the Joint (cont.)

in a complete absence of symptoms, even in severe pain conditions that have been present for years. And, the most amazing thing about it is that the results usually represent a permanent fix.

What conditions are treated?

Back and neck pain with or without degenerative disk disease, shoulder pain from rotator cuff injuries, and osteo-arthritis of the hips, knees, and spine are the most common ailments treated with Prolozone Therapy. Prolozone Therapy is also excellent for many other types of musculo-skeletal pain, including fibromyalgia, carpal tunnel syndrome, TMJ syndrome, sciatica, plantar

If It's So Great, Then Why?

You may ask, as a lot of people and practitioners do, "if Prolozone Therapy works so well, why isn't everyone using it?" Honestly, we ask that same question.

The answer, of course, comes down to the "business" of medicine rather than the actual "practice" of it. It's the bottom line. The simple fact is that any effective "alternative" therapy would be mainstream IF it were more profitable than what mainstream therapy uses. This is because it's not physicians who decide what is mainstream and what isn't, it's the pharmaceutical companies and other members of the medical industry who make that decision.

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faciitis, neuromas, tennis elbow and virtually any sports injury.

It can be especially effective in treating areas that have previously been operated on because of the significant injury and trauma that occurs to ligaments during surgery.

SUMMARY

Prolozone Therapy is a safe, natural and often permanent treatment for low back pain, degenerated or herniated discs, sciatica, neck pain, unresolved whiplash, rotator cuff tears and osteo-arthritis or degeneration of the hip or knee.

What would be more profitable than a treatment that eases symptoms while at the same time does not curing the problem? This concept is repulsive to physicians and the patients they treat—who would like nothing better than to be able to cure disease. But remember, it's not the doc or the patient that makes that decision. It's done by a corporate board, who respond to stockholders, and who are only interested in the money. That is until they got sick.....

Hence, ozone treatments—like all other un-patentable and unprofitable therapies—will always remain "alternative" rather than mainstream. As such, they will be considered unproven to the skeptic.