



BioReset Protocol:

Parasite Reset Lifestyle

Modification

Patient: Smith, J.

Dietary adjustment may be necessary for those eradicating parasitic infections. Diet should **focus on diversity** and be rich in animal proteins, animal fats, non-starchy carbohydrates, and fermented foods(if tolerated*). Digestive enzymes and or HCL may be taken with each meal for those with symptoms of indigestion.

Supplement:	Upon Arising	With Breakfast	Mid Morning	With Lunch	Mid Afternoon	With Dinner	Before Sleep	Updates:
Liposomal Glutathione (QS)	3pmp				3pmp			60 Days
InterFase Plus (Klaire Labs)	4				4			60 Days
SBI Protect (Ortho)	1scp				1scp			60 Days
Artemisinin Emulsion (QS)	1tsp				1tsp			60 Days
GI-Synergy (Apex)		1pkt				1pkt		60 Days
Lauricidin (Med-Chem)		1scp		1scp		1scp		60 Days
Floramyces (DFH)				1			1	60 Days
TerraFlora (Enviromedica)				1				60 Days
Daily Synbiotic (Seed)							2	60 Days

Take all supplements until gone, unless directed otherwise. Notify practitioner if taking any other medications or supplements.

Notes: drp=drop(s); pmp=pump(s); scp=scoop(s); pkt=packet(s); tab=tablet(s); mL=milliliter; tsp=teaspoon(s); Tbsp=tablespoon(s)

Everyone reacts different to these products and it is okay if your are unable to reach the maximum dose for every product

InterFase Plus - start with 1 capsule twice daily and slowly work your way up to 4 capsules twice daily over the first week

Lauricidin - start with 1/4 scoop three times daily and slowly work your way up to 1 scoop three times daily over the first week



Note: The following *Energy Reset*, *Mineral Reset*, & *Sleep Reset* protocols may be taken along with the *Parasite Reset* protocol. *Start the *Cell Reset* and *G.I. Reset* protocols after completion of the *Parasite Reset* protocol*.

BioReset Protocol: *Energy Reset*

Patient: *Smith, J.*

Supplement:	Upon Arising	With Breakfast	Mid Morning	With Lunch	Mid Afternoon	With Dinner	Before Sleep	Updates:
NAD+ Gold (QS)	2pmp				2pmp			60 Days
The One (QS)	1tsp							60 Days

BioReset Protocol: *Mineral Reset*

Patient: *Smith, J.*

Supplement:	Upon Arising	With Breakfast	Mid Morning	With Lunch	Mid Afternoon	With Dinner	Before Sleep	Updates:
Hypertonic (QS)	1vial							60 Days
Isotonic (QS)					1vial			60 Days

BioReset Protocol: *Sleep Reset*

Patient: *Smith, J.*

Supplement:	Upon Arising	With Breakfast	Mid Morning	With Lunch	Mid Afternoon	With Dinner	Before Sleep	Updates:
CBD Synergies-SP (QS)							4pmp	As Needed
LipoCalm (QS)							4pmp	As Needed

Notes: drp=drop(s); pmp=pump(s); scp=scoop(s); pkt=packet(s); tab=tablet(s); mL=milliliter; tsp=teaspoon(s); Tbsp=tablespoon(s)



Note: Start the following *Cell Reset* and *G.I. Reset* protocols after completion of the *Parasite Reset* protocol. We recommend that you continue the *Energy Reset*, *Mineral Reset*, & *Sleep Reset* protocols while doing the *Cell Reset* and *G.I. Reset* protocols*.

BioReset Protocol: *Cell Reset*

Patient: *Smith, J.*

Supplement:	Upon Arising	With Breakfast	Mid Morning	With Lunch	Mid Afternoon	With Dinner	Before Sleep	Updates:
Glutathione Complex (QS)	1tsp				1tsp			60 Days
CytoDetox	0.5mL		0.5mL		0.5mL			60 Days
Ultra Binder (QS)							1tsp	60 Days

Take all supplements until gone, unless directed otherwise. Notify practitioner if taking any other medications or supplements.

BioReset Protocol: *G.I. Reset*

Patient: *Smith, J.*

Supplement:	Upon Arising	With Breakfast	Mid Morning	With Lunch	Mid Afternoon	With Dinner	Before Sleep	Updates:
ION Gut Health (ionBiome)	3pmp				3pmp			60 Days
GlutaShield (Ortho)	1scp				1scp			60 Days
SBI Protect (Ortho)	1scp				1scp			60 Days
Ortho Digestzymes (Ortho)		1		1		1		60 Days

Take all supplements until gone, unless directed otherwise. Notify practitioner if taking any other medications or supplements.

Notes: drp=drop(s); pmp=pump(s); scp=scoop(s); pkt=packet(s); tab=tablet(s); mL=milliliter; tsp=teaspoon(s); Tbsp=tablespoon(s)

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